



General Knowledge GRADING SYLLABUS 1st Gup to CHO DAN BO

Please note that the following is in addition to the Terminology requirements for 2nd Gup TO 1st Gup

Who won the Gold medal for Australia at the Sydney Olympics Games: Laurens Burns

Who won the Silver medal for Australia at the Sydney Olympics Games: Daniel Trenton

What does Taekwondo mean to you.

Refer 2nd Gup to 3rd Gup grading Syllabus for the benefits of Taekwondo.

What has Taekwondo training done for you.

What is the size of the competition area for sparring: 12m x 12m

What is the size of the contest area for sparring: 10m x 10m

What is the Korean name for Instructor: Sabomni,

What is the Korean name for Head Instructor: Gwanjangnim.

What is the Korean name for belt: Tti

What is the Korean word for our uniform.: Dobok

What is the Korean word for the Body Protector we wear when sparring: Ho goo

Etiquette and training rules as per our T.A Grading Book

Terminology for Poomse Koryo

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