

AUST TKD Pty Ltd Trading as 2018 Koryo Taekwondo Centre Grading Application

Christian name: _____ Surname: _____ Grading Date: _____

Address _____ Post Code _____

F/M ___ Date of Birth: _____ Age: _____ Telephone _____ Koryo/AT No: _____

Current Grade/Kukkiwon No _____ Recommending Instructor: _____ Grading Fee _____

Disabilities/Special Needs: _____

Emergency Contact No _____ Students grading No _____ Pass ___ Fail ___ Period to next Grading _____

Poomsae	P/F	Stance's	P/F	Punch	P/F	Kicks	P/F
Basic/Count		Moa Seogi		Body		Front Kick / Sliding Front	
Basic		Charyot Seogi		Face		Jumping Front Kick	
Taegeuk 1		Naranhi Seogi		Double Body		Side Kick / Sliding Side	
Taegeuk 2		Pyonhi Seogi		Double Body/Face		Jumping Side	
Taegeuk 3		Juchum Seogi		Side Body		Jumping Turning Side	
Taegeuk 4		Ap Kubi		Blocking Makki		Roundhouse Kick	
Taegeuk 5		Ap Seogi		Lower Block		Sliding Roundhouse	
Taegeuk 6		Dwit KubBeom Seogi		Body Block		Jumping Roundhouse	
Taegeuk 7		Hakdari Seogi		Minor Body Block		Jumping Turning Roundhouse	
Taegeuk 8		Strikes		Outside Body Block		Crescent Kick	
Palgae 1		Knifehand		Face Block		Jumping Crescent	
Palgae 2		Spearhand		Gawi (Scissors)		Jumping Turning Crescent	
Palgae 3		Knuckle		Knifehand Lower		Hammer Kick	
Palgae 4		Palm Hand		Knifehand Middle		Jumping Hammer	
Palgae 5		Elbow		Keumgang Makki		Jumping Turning Hammer	
Palgae 6		Elbow /Back Fist		Santul Makki / Wei		Spinning / Jumping Heal Kick	
Palgae 7		Self Defence		Jebi Poom Mok/Tok		Spinning / Jumping Hookl Kick	
Palgae 8		Step Self-defence		Kodureo Makki		Double Kick	
Kicking Form		Wrist Grab		Otkoreo Makki		Kicking Pattern moving forward	
Koryo 1		Shoulder Grab		Keumgang Momtong		Stepped Exercise	
Koryo		Kick Attack		Terminology		One Step	
Keumgang		Choke		Various		Two Step	
Taebaek		Knife Attack		Others		Three Step	
Pyongwon		Club Attack		Fitness		Sparring	
Sipjin		Bear Hug		Attitude		Hands Only	
Jitae		Sweep		Breaking		Single (1 Opponent)	
Chonkwon		Hip Throw		Hand 1 2 3 4		Double (2 Opponents)	
Hunsu		Various		Foot 1 2 3 4		Multi (3 Opponents)	

Special Considerations: _____

Outstanding Students Points	Total points.....
1 Point Deductions																
½ Point Deductions																

Pass Requirements: White: 50% * Yellow: 55% * Blue: 60% * Red: 65% * Black * 70%

Grading Application must be submitted to your Instructor One week prior to the Grading Date.

Grading Application must be approved by your Instructor. Instructor's signature: _____

Student must display Koryo/AT Membership Card on the day of Grading.

Sparring: Hands only up to Yellow 2 Stripes, Yellow 3 Stripes up must wear full Protective Gear.

Protective Gear: Head Guard, Mouth Guard, Body Guard, Groin Guard, Shin/Forearm Guards, Foot/Hand Guards.